

## **LIST OF COMMON ABBREVIATIONS & TERMS**

ADLs	Activity of Daily Living (e.g. bathing, walking, transferring, dressing, personal hygiene, toileting & eating)
AH	Adult Home is for people who are essentially independent in ADLs. This level of care is not covered by Medicare or Medicaid. Also known as assisted living (AL), adult care facility (ACF) or domiciliary.
ALC	Alternative Level of Care (in hospitals) means the patient no longer requires acute care in a hospital even though he or she may be still Medicare covered.
ALP	Pronounced [alp], Assisted Living Program, care could be described as midway between an ACF & a SNF. APL is NOT the same thing as facilities that call themselves “assisted living”. To be an ALP requires a separate license from the Department of Health.
CASA	Pronounced [ca-sa], Community Alternative Systems Agency; the branch of Medicaid that covers the Long Term Home Health Care Program (LTHHCP).
CHHA	Pronounced [cha], a Medicare certified home health care agency.
CMI	Case Mix Index; the average of a facility’s PRI scores which is used to calculate the reimbursement rate from Medicaid.
EHP	Enriched Housing Program, another type of assisted living facility which tends to be more apartment like
HHA	Home Health Aide; the lowest level of aide covered by Medicare for home based services.
HIPAA	Pronounced [hip-a], Health Information Portability and Accountability Act
IADLs	Instrumental Activities of Daily Living (e.g. shopping, using transportation, laundry, housework/cleaning, meal preparation/reheating, handling personal business/finances, using the telephone, self-administration of medication & directing home care workers to care out IADLs)
QIO	Quality Improvement Organization; an organization which reconsiderations/reviews Medicare benefit terminations. (1-800-Medicare or 1-800-633-4227)
LTC	Long Term Care



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## Senior Care Connection

LTHHC	Long Term Home Health Care program; Medicaid's nursing home "without walls" program.
MAA-MD	Pronounced [mad], it is a form completed by physicians as part of a Medicaid CASA application.
MEDICAID	The county run health insurance program for people who qualify financially.
MEDICARE	The federal health insurance program for people who are 65 and over or who have been on Social Security Disability for two years.
NAMI	Pronounced [na-me], stands for the Net Amount Monthly Income, monthly contribution toward care from those on Medicaid.
PCA	Personal Care Aide, one level below a HHA, a bit cheaper to use than a HHA if paying privately, they are both trained to provide personal care such as bathing.
POA	Power-of-Attorney
PRI	Patient Review Instrument, a form used to screen for nursing home placement. Its completion is required before for a nursing home admission.
ROM	Range Of Motion means "exercise" movements done under supervision of physical therapy (PT) or occupational therapy (OT).
SCREEN	Second half of the PRI needed for placements from the community/home setting (not needed for placements from a hospital). It indicates the appropriate level of placement for social as well as physical reasons.
SNF	Pronounced [sniff], a Skilled Nursing Facility.
SSI	Supplement Security Income, a federal income supplement program. Is applied for through the Social Security Office and can be done in conjunction with an application for Medicaid. Can be used at ACFs for payment.